Cows send out signals continuously about their health, well-being, nutrition, and production. The challenge is how to interpret these signals and use them to maximize cow health and well-being. The ‘Cow Signals’ program teaches farmers how to interpret the behavior and physical characteristics of groups of cows and individual animals.

Dr. Karreman brings a wealth of knowledge gained from over 25 years of practical experience working with dairy cows, 20 of those practicing holistic veterinary medicine working primarily with organic herds. He is currently an adjunct veterinarian at the Rodale Institute. He has written two books, ‘Treating Dairy Cows Naturally’ and ‘The Barn Guide to Treating Dairy Cows Naturally’. This workshop will include both classroom and barn sessions. Join us for this fantastic opportunity!

9:00 am - 12:45 pm: We will start the day at the Bridport Community Hall for a classroom session with Dr. Karreman. We’ll learn key elements of the ‘Cow Signals’ program, then have lunch provided by the NOFA-VT wood-fired pizza oven.

12:45 pm - 3:00 pm: After lunch we head to Shoreham to the Madison Dairy Farm for a barn session putting ‘Cow Signals’ into practice with Dr. Karreman and farmers Jeep & Joann Madison. Madison Dairy is an organic dairy farm milking 60 Holstein cows. We will also talk about the farm’s current NRCS projects to update manure handling and nutrient management systems. We will hear from field staff on how small farm operators can implement NRCS practices as part of Lake Champlain water quality initiatives.

We’d love to see you there!
Cheryl Cesario, UVM Extension

To request a disability-related accommodation to participate in this program, contact Donna Brown at 1-800-956-1125 or 802-388-4969 by March 14, 2015 so we may assist you.

Register online by going to: https://www.regonline.com/cowsignals

Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture, University of Vermont Extension, Burlington, Vermont. University of Vermont Extension, and U.S. Department of Agriculture, cooperating, offer education and employment to everyone without regard to race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or familial status.