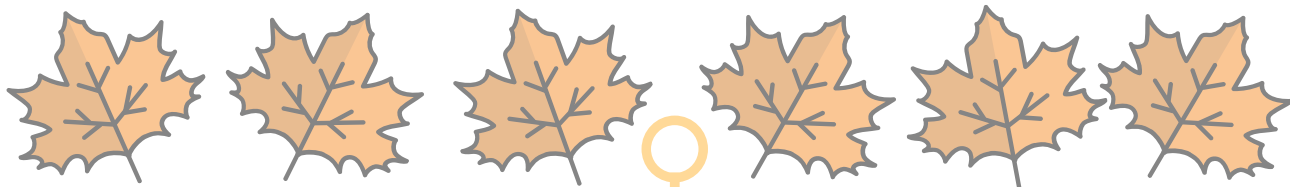


October Resource of the Month

Working Bridges



Get your car ready for winter with \$30 tires!

It's hard to think about, but winter is coming. Make sure you have solid tires for all winter driving conditions. Pick up affordable winter tires at this year's **Wheels for Warmth tire sale** (or donate your used tires that are still in good condition). Talk to your RC for details about the sale.

3SquaresVT + Crop Cash + Internet Essentials can reduce your monthly expenses!

3SquaresVT income eligibility guidelines increase October 1st. Talk with your RC to see if your household is eligible and get help with the application process. If you are not income eligible and your household received the Earned Income Tax Credit, you may be eligible for the **Internet Essentials** program.

Enjoy a show

Limited supply for the **Flynn Center Performing Arts Community Tickets!** \$2 ticket vouchers/2 vouchers per employee. Contact your RC to reserve a voucher today.

Upcoming October performances:

Spectrum Dance Theatre
David Bowie's Blackstar
Ping Chong & Company
VSO Masterworks

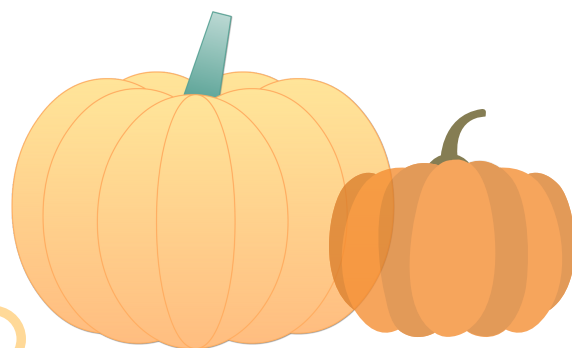
Planning to make a repair on your car? Want free money?

Ask your RC about eligibility for the matched savings program at CVOEO. If you are eligible and can save \$42 per month you will get \$500 in match money after 12 months. Save for another year and get another \$500 in match money.

Helping yourself to health

There are many small steps you can take to improve your health. Check out these free programs to help you get started and provide the support you need to keep going.

- Healthier Living with Chronic Pain
- Health Living with Chronic Disease
- Diabetes Management Program
- Tobacco Cessation
- Emotional Wellness
- Call (802) 847-7255 or email selfmanagement@uvmhealth.org



FREE

CONFIDENTIAL

EMPLOYEE BENEFIT



Contact Lisa Jensen, Working Bridges
Resource Coordinator at 802-922-6297
lisaj@unitedwaynwvt.org

